July 2013

We reserve the right to alter the menu due to food availability.

Diabetic clients should not be given sugar and only bread upon request.

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Teriyaki Chicken	Pork Roast	Baked Ziti	HOLIDAY	Salisbury Steak
Rice Pilaf	Scalloped Potatoes	Italian Green Beans		Mashed Potatoes w/Gravy
Asparagus	Carrots	Tossed Salad w/Dressing	No Food Service	Zucchini
Wheat Roll	Dinner Roll	Crackers	1,0 1 00 0 201 1100	Wheat Bread
1% Milk Sugar Cookie	1% Milk Fruit Cocktail	1% Milk Cherry Cobbler		1% Milk Banana
8	9	10	11	12
Meatball Sub	Fish Nuggets	Red Beef Enchiladas	Chicken Alfredo	McRibb Sandwich
Steak Fries	Buttered Noodles Spinach	Rice	Lima Beans	Baked Beans
Mixed Vegetables	Wheat Bread	Calabacitas	Beets	Broccoli
Yogurt	Chocolate Chip Cookie	Orange	Biscuit	Fresh Pear
1% Milk	1% Milk	1% Milk	1% Milk Grapes	1% Milk
15	16	17	18	19
Cheese Tortellini	Turkey Stew	Chicken Salad	Open Face Green Chili	Tilapia w/Garlic Sauce
Mixed Vegetables	Cornbread	Cold Orzo Salad	Cheeseburger	Brown Rice
Dinner Roll	Spinach Salad w/Dressing	Low Sodium Crackers	Ranch Beans	Broccoli
Cinnamon Apricots	Chocolate Cake	Pineapple Chunks	Corn W/Red Peppers	Biscuit
1% Milk	1% Milk	1% Milk	1% Milk Banana	1% Milk Sliced Peaches
22	23	24	25	26
Denver Omelet	Beef Tips W/Rice	Tuna Casserole	Beef Stew	Greek Chicken
Diced Potatoes	Spinach	Diced Beets	Cauliflower	Pasta Salad
Stewed Tomatoes	Tossed Salad W/Dressing	Crescent Roll	Corn Bread	Zucchini
Wheat Bread	Dinner Rolls	White Cake	Grapes	Wheat Roll
Orange	Warm Apples W/Cinnamon	1% Milk	1% Milk	Watermelon
1% Milk	1% Milk			1% Milk
29	30	31		
Beef Fajitas	BBQ Pork Chop	Fish Sandwich		
Tortilla	Baked Beans	Tatar Tots		
Spanish Rice	Glazed Carrots	Green Beans W/Onions		
Calabacitas	Wheat Roll	Toss Salad W/Dressing		
1% Milk Fresh Pears	1% Milk Fruit Cocktail	1% Milk Ice Cream Cup		